

# The Feelings of Colour

The way we feel can be affected by the colours around us. Some people may feel sad on a rainy day because the sky is grey and not blue. Sometimes we even describe the way we feel with a colour – ever had the blues?



Different cultures around the world match different colours to their feelings or emotions. In Western cultures, red can mean love or anger. But, in some Asian cultures, red represents happiness and good luck!

What colour makes you feel happy? Sad? \_\_\_\_\_

What colours are you when you are hungry or sleepy? \_\_\_\_\_

**Fill in the circles below with different colours** – then draw in some facial expressions that match the way that colour makes you feel – or you can simply write the word inside!


Example:

